

WHAT TO EXPECT WHEN HAVING A CORONARY CTA

Before the Study:

- Please follow these instructions in preparation for your exam:
- Do not consume any form of caffeine for 12 hours prior to study.
- Do not eat any solid food for 4 hours prior to study.
- Drink two 8 ounce glasses of water 1 hour before study
- Take 50 mg. of Atenolol 36 hours, 12 hours, and 1 hour before the exam
- Make sure if you use Viagra, Levitra, or Cialis that **you do not use them for 48 hours before the CT.**

During the Study:

- Your blood pressure will be taken before the exam begins.
- You will have contrast (x-ray dye) for this study. A needle will be placed in your arm, around the inner elbow area.
- You will have a 3-lead EKG attached to monitor your heart rate.
- You will receive one squirt of nitroglycerine during your exam (under your tongue).

After the Study:

- The radiologist will evaluate your study and issue a report to you and your doctor.
- Be sure to eat and drink plenty of fluids after the study.